

o you know what your child is up to on the internet, who they're talking to and making friends with?

Make sure you know what your child is up to on the internet and if you find it suitable or not.

- If you find anything unsuitable for them that they are doing you can put restrictions up for them on the computer or other device.
- Be sure they know what they are allowed to do on their devices and what they're not allowed to do.
- Make sure your child knows about the organisations that they can find online if they are to scared to talk to you or another trusted adult.
- They do not need to feel under pressure or forced to do something other people tell them to and that they can always say no.
- That they shouldn't be putting things on social media that they wouldn't be comfortable sharing with you.
- Make sure they know that they should never share any personal information on the internet with people they don't know or trust.
- They shouldn't say anything that could be hurtful towards other people and that they are always aware that the people they find on social networking sites might not always be who they seem.
- Do not share with anyone you don't know pictures or videos of yourself and if they include other people in their pictures make sure they ask them first before posting the images online.
- They know who they can trust and that they can always come to you if there is a problem with anything online or that they don't feel safe about something.

By Suzanna Tischkowitz

This booklet is designed to help parents support their children on the internet,



For more help or advice go to www.childsafetyinternetsafety_06795.com



E-Safety Advice For Parents



This brochure will tell you all about the safety precautions when using the internet, and everything you need to know about keeping your child safe online.

ctions you should take

If you are concerned about anything involving your child on the internet that you do not approve of make sure you take action, you can do this by:

- Speaking to your child about what they should do
- Remind them that they have the right to say no to anything. Make sure they understand what they should and shouldn't be doing online.
- Show them websites that they can report on if they don't want to talk to you or another trusted adult.
 - If anything happens to your child report the happenings online or dial 999

REPORT ABUSE REPORT ABUSE

Go to:

https://ceop.police.uk/safetycentre/

To report anything worrying happening to your child on the internet.

ChildLine 0800 1111 **BEWARE** WHAT YOU SHARE RUMORS teasing gossiping threats insults BULLYING CYBER name-calling LIES harassment mean words

onsequences

Unfortunately, there are many consequences of using the internet, your child should be aware of these. Some are listed below:

- Your computer can get hacked by a hacker and the severity of this depends on what the hacker has hacked into.
- By clicking on a download, your computer can get a virus.

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- Make sure the news that you are reading on the internet iss not false news.
- * Don't say anything offensive, racist, sexist etc.
- Make sure that they know who they are talking to and to not go anywhere without taking a trusted adult with them. As children can be fooled easily.
 - Don't upload pictures or post them if they are inappropriate.

